



# REGISTRATION FOR 2018-2019

CLASS OS 2020-SOPHOMORES



# LCC COUNSELORS

MRS. FAST MEDLEY

E, G -K & AVID

MRS. HERNANDEZ-CYR

B, O - SI & EL

MS. MARTINEZ

A, F, L - N

MRS. MUSEL

C, D, SJ - Z

MRS. MENDEZ

COUNSELING  
SECRETARY

**CONFIDENTIALITY**  
**IS IMPORTANT TO US**

WE MUST BREAK CONFIDENTIALITY IF SOMEONE IS HURTING YOU,  
YOU WANT TO HURT SOMEONE OR YOUR WANT TO HURT  
YOURSELF.

# ACCESSING YOUR COUNSELOR

## WHY?

General questions, high school graduation, college entrance, SAT/ACT, scholarships, social-emotional concerns, academics, etc...



## WHEN?

Before school, break, lunch or after school (non-class time) or by appointment through the counseling secretary.

Please make an appt. if you would like to meet with us with a parent/guardian.

# YOUR TRANSCRIPT

La Costa Canyon HS					Credit Att: 30.00 Cmp: 30.00 TGPA: 2.67						
p	E1502	English 9 HP	B	5.00	5.00	Grade 11 Fall 2016-2017					
p r	G5681	Spanish 1 P	C	0.00	0.00	La Costa Canyon HS					
p	K7656	IntroEngDesignP	B	5.00	5.00	p	B6552	Draw/Desgn P	B	5.00	5.00
p	M2592	Int Math I P	B	5.00	5.00	p	E1531	English 11 P	A	5.00	5.00
*	P0505	YearOnePE/Hlth	A	5.00	5.00	p	G5682	Spanish 2 P	C	5.00	5.00
p	R4562	Biology I P	C	5.00	5.00	p	M2596	Int Math III P	B	5.00	5.00
Credit Att: 25.00 Cmp: 25.00 TGPA: 3.00					p R4566 Physics P B 5.00 5.00						
Grade 9 Spring 2014-2015					p S3561 US History P B 5.00 5.00						
La Costa Canyon HS					+ p S3653 AP Psych B 5.00 5.00						
p	E1502	English 9 HP	B	5.00	5.00	Credit Att: 35.00 Cmp: 35.00 TGPA: 3.14					
p r	G5681	Spanish 1 P	D	0.00	0.00	Grade 11 Spring 2016-2017					
p	K7656	IntroEngDesignP	D	5.00	5.00	La Costa Canyon HS					
p	M2592	Int Math I P	C	5.00	5.00	p	B6552	Draw/Desgn P	B	5.00	5.00
*	P0505	YearOnePE/Hlth	A	5.00	5.00	p	E1531	English 11 P	A	5.00	5.00
p	R4562	Biology I P	C	5.00	5.00	p	G5682	Spanish 2 P	C	5.00	5.00
Credit Att: 25.00 Cmp: 25.00 TGPA: 2.40					p M2596 Int Math III P B 5.00 5.00						
Grade 10 Fall 2015-2016					* P0662 PE Credit/Ath P 5.00 5.00						
La Costa Canyon HS					p R4566 Physics P C 5.00 5.00						
p	B6562	F/A DigiPhoto	C	5.00	5.00	p	S3561	US History P	B	5.00	5.00
p	E1522	English 10 HP	C	5.00	5.00	+ p	S3653	AP Psych	A	5.00	5.00
p	G5681	Spanish 1 P	C	5.00	5.00	Credit Att: 40.00 Cmp: 40.00 TGPA: 3.14					
p	M2593	Int Math II P	D	5.00	5.00	--WORK IN PROGRESS--					
p	R4564	Chemistry P	C	5.00	5.00	La Costa Canyon HS					
+ p	S3553	AP World Hist	C	5.00	5.00	p	E1541	English 12 P		10.00	0.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 2.00					p G5683 Spanish 3 P 10.00 0.00						

r = Repeated course

+ = Weighted course

\* = non academic

p = College prep course  
UC/CSU approved

**THIS IS YOUR PERMANENT RECORD**  
IT IS IMPORTANT TO MAKE SURE IT REPRESENTS YOU WELL  
FOR LIFE AFTER HIGH SCHOOL

# GRADUATION STATUS

- Health is required to graduate
- PFT (physical fitness test) is req'd for Athletic PE, but not for graduation
- World language is not a grad requirement/required for 4 yr admissions
- A \*D\* is a passing grade for high school ( a \*C\* for math and Language)
- A \*C\* is the minimum to be eligible to apply to college

			Date	Test Taken	Score	CREDIT SUMMARY					
			Comp	Health Req	Y	Subject Area	Credit Req'd	Compl	Needed		
	Weighted	Non-Wgtd									
Acad GPA (9-12)	2.68	2.56									
Acad GPA (10-12)	2.77	2.62									
Total GPA (9-12)	2.75	2.64									
Credit Attempted:	185.00										
Credit Completed:	185.00										
District Enter: 8/28/2012											
School Enter: 8/26/2014											
<b>Class of 2018</b>											
State ID# 7112797446											
							English	40.00	30.00	10.00	
							Mathematics	30.00	30.00	-	
							Social Science	30.00	20.00	10.00	
							Physical Education	20.00	15.00	5.00	
							Physical Science	10.00	10.00	-	
							Life Science	10.00	10.00	-	
							Fine/Performing Art	10.00	10.00	-	
							Practical Art	10.00	10.00	-	
							Elective	70.00	50.00	20.00	
							<b>* TOTALS *</b>	<b>230.00</b>	<b>185.00</b>	<b>45.00</b>	

# California Systems of Higher Education

- California Community Colleges (CCC) 100%
- California State University (CSU) 90%
- University of California (UC) 27%
- Private and Independent Colleges VARIES



- percentages based on GPA of LCC 2017 senior class

# COMMUNITY COLLEGE

- High School Diploma or be 18 years old
- No SAT or ACT required
- Certificate programs, AA, or transfer
- Approximately 26% of LCC students attend community college each year.
- What are some of the advantages?

# UC/CSU A-G REQUIREMENTS

A. History/Social Science	2 years required
B. English	4 years required
C. Mathematics	3 years required (4 yrs. recommended)
D. Laboratory Science	2 years required (3 yrs. recommended)
E. Language other than English	2 years required (3 yrs. recommended)
F. Visual and/or Performing Arts	1 year required
G. College Preparatory Elective	1 year required

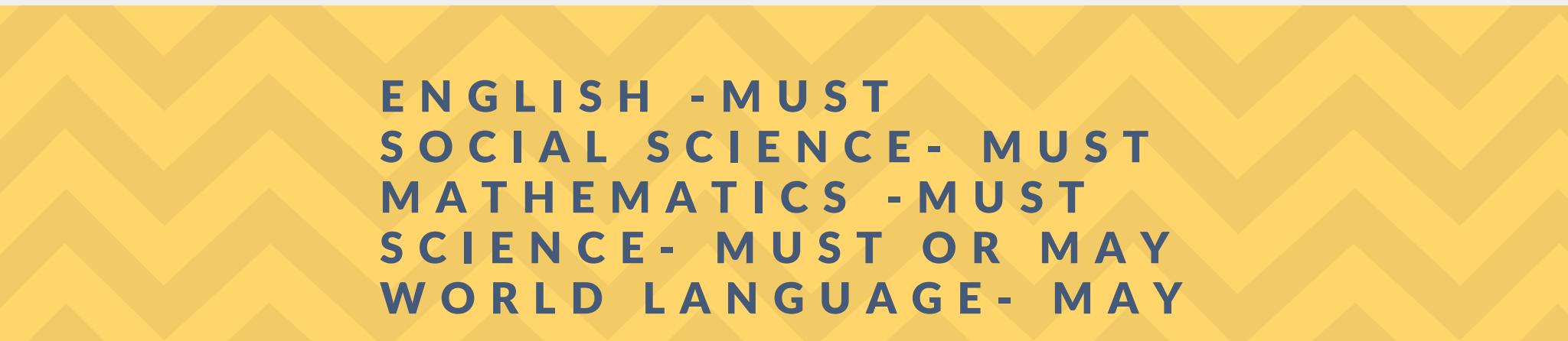
All courses must be completed with 'C' grade or higher each semester





# **COURSE SELECTION**

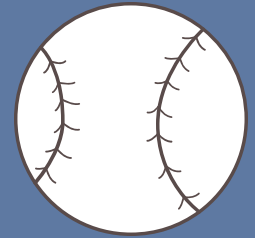
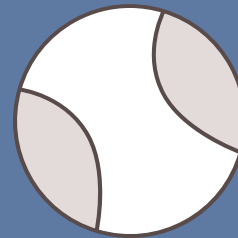
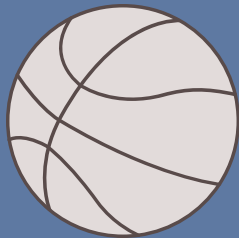
REGISTRATION FORM



ENGLISH - MUST  
SOCIAL SCIENCE - MUST  
MATHEMATICS - MUST  
SCIENCE - MUST OR MAY  
WORLD LANGUAGE - MAY

# PHYSICAL EDUCATION OPTIONS

- \* Team Sport PE (ex: football, baseball, cheer)
- \* ISPE
  - Application required online
  - Must apply before school starts-see deadline-sduhsd.net
- \* ISMPE Must be in a band class and complete fall marching band season
- \* Athletic PE - see next page



# ATHLETIC PE

- ONLY AVAILABLE FOR CIF SPORTS WITHOUT TEAM PE CLASSES
- CONTRACT REQUIRED
- SEE ATHLETIC WEBPAGE
- MUST SUBMIT IMMEDIATELY AFTER MAKING TEAM
- 5 CREDITS PER SEASON

# ELIGIBLE SPORTS

M/W Water Polo

M/W Soccer

M/W Lacrosse

M/W Golf

M/W Swimming & Diving

M/W Tennis

M/W Volleyball

Gymnastics

Field Hockey

M/W Track and Field

M/W Cross Country

Softball

# REMAINING COURSES

Choose remaining courses with alternates to complete your program. Write the course number and title. Write them in the order of preference, with the first course as the one you want the most first.

	Course #	Course Title
1 <sup>st</sup>	G5683	Spanish III P
2 <sup>nd</sup>	B6581	Video/Film P
3 <sup>rd</sup>	A7649	Exp. Computer Science P
4 <sup>th</sup>	E1662	Speech and Debate
<b>You Must Select 3 Alternates for Elective Classes</b>		
Alt.	B6554	Sculpture P
Alt.	K7655	Principles of Engineering P
Alt.	E1651	Journalism

# NEW COURSES

2018-2019

*Electives*

- Peer Assistant Listeners (PALS) \*application req'd
- MIDI Production (Digital Music Production) P
- Digital Art & Design I P
- Adv. Digital Art & Design II P
- 20th Century Popular Culture
- Sous Chef \*Instructor approval
- Fashion Design II
- Academic Survival



New!

# INTERNATIONAL BACCALAREATE (IB)

According to the IB, the programs “develop the intellectual, personal, emotional and social skills needed to live, learn and work in a rapidly globalizing world.” IB courses are known for being more challenging and encouraging students to think critically.

You will:

- be encouraged to think independently and drive your own learning.
- become more culturally aware.
- be able to engage with people in an increasingly globalized, rapidly changing world.
- take IB and AP exam for possible university credit
- earn a weighted grade





# IB DIPLOMA PROGRAM

Referred to as the IB Core:

- \*Theory of Knowledge (TOK)  
class junior year
- \*Creativity, Activity, Service (CAS)
- \*Extended essay (EE)
  - IB TOK teacher
  - Designated coord. for CAS and EE

Requirements: Take a course from each of the following 6 areas during 11th & 12th grades:

- Language and Literature
- Sciences
- Mathematics
- Individuals and Societies
- Language Acquisition
- Arts

# IB COURSES

Offered next year! First year at LCC!

- TOK (Theory of Knowledge)
- CAS, EE
- IB Language and Literature (HL)
- IB Biology (SL senior year 2019)
- IB Environmental Studies SL
- IB Physics HL Year 1
- IB Hist. of the Americas HL Year 1
- IB Int. Math III/ IB SL Year 1
- IB Int. Math III H/IB HL Year 1
- CAS, EE
- IB Video Film Year 1
- IB Spanish SL
- IB French SL
- IB Visual Arts SL



Interested in the IB diploma program?  
See Ms. Martinez, IB Counselor

If you are interested in taking an IB course/s?  
Sign up for them on your reg form and/or ask  
your counselor for more info.



# OFF CAMPUS COURSES

- YOU ARE ENCOURAGED TO TAKE ALL YOUR COURSES AT LCC.
- MUST BE PRE-APPROVED BY YOUR LCC COUNSELOR (OCF REQUIRED).
- STUDENTS ARE LIMITED TO 30 CREDITS OFF-CAMPUS TOTAL.
- KEEP IN MIND STUDENTS CANNOT TAKE VPA, PE, OR LAB SCIENCE COURSES ONLINE FOR CREDIT.

To verify that your online classes are accepted by UC schools (a good standard to follow) check UC Course List for LCC.

# THINGS TO CONSIDER WHEN SELECTING YOUR COURSES

- Grades of "C" or higher are needed in second semester to continue on in higher level world language and math classes.
- Course Profiles are available for honors, AP, and elective courses on the LCC counseling web page.

Consider your:

- Personal interest/Motivation
- Work and study habits
- After school activities

## BALANCE AND WELLNESS

HOW LITTLE  
IS NOT ENOUGH

HOW MUCH  
IS TOO MUCH



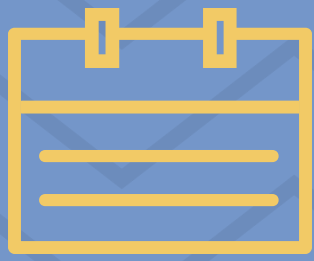
# INSTRUCTIONAL MINUTES



We encourage students to take advantage of all 7 periods. Some students may choose to take 7, 6 or 5 classes.

What is the minimum # of courses a student can take?

<b>6 classes</b>	<b>5 classes</b>
The unscheduled period can be EITHER 1,2 or 7	The unscheduled period <b>MUST</b> be period 1 AND 2
If you sign up for an unscheduled period we must have a parent/guardian signature on file.	



# SCHEDULE CHANGES

**Read the Schedule Adjustment Guidelines and choose your courses wisely.**

**All classes are YEAR-LONG.**

**Schedule changes will *\*not\** be made to accommodate:**

- teacher requests
- off-campus classes
- extracurricular and athletic activities.

**Mandatory schedule changes *\*will\** be made for students who:**

- Complete an approved summer school course.
- Earn a D or F in math or world language second semester this year.
- Need a specific course to meet a requirement to graduate.

# SCHOOL BUSINESS DAYS

Adding/Dropping courses: during School Business Days (August) is considered if:

1. It improves the integrity of your schedule for graduation or college eligibility purposes.
2. There is space available in an elective class during the same period as the dropped course.

After the first day of school, requests will require a conference with an administrator. If approved, the student may be required to make up missed work.



# LEVEL CHANGES

Only if space available. We hire teachers based on your sign-ups.

## **When?**

**The first 4 weeks of each semester**

## **Why?**

**AP/Honors > College Prep  
College Prep > AP/Honors**

## **How?**

**Talk to your teacher,  
parent/guardian, and counselor**

# REGISTRATION CONTRACT & ONLINE REGISTRATION



- Use the contract to prepare for online course selection.
- Follow the tip sheet hand out for instructions .
- You must choose your courses online BEFORE you meet with your counselor to review your choices. We will be verifying that you entered them in the computer correctly.

**May 11th is the last day to make schedule adjustments with your counselor.**

# **WHEN WILL I MEET WITH MY COUNSELOR?**

You **MUST** bring your completed and signed (by both you & parent/guardian) course selection contract to your English class on:

**Current 10th Grade**

**Tuesday, February 27th : 1 , 3 , 5**

**Wednesday, February 28th: 2 , 4 , 6**

**Thursday, March 1st: 7**

You will meet individually with your counselor at this time. It is very important that you have alternates for each elective class chosen.



# SUMMER SCHOOL

A person in a dark wetsuit is surfing on a white wave in the ocean. The water is a deep blue-green color, and the wave is breaking to the right, creating white foam. The surfer is in the center of the frame, riding the wave.

Invitation only to SDUHSD summer school classes if you are short credits for graduation.

If you plan on attending 4- year college and you earn a D or F grade, it is recommended you go to summer school .

Please see your counselor if you would like to consider an off-campus course.

# CAREER EXPLORATION

californiacolleges.edu

The screenshot shows the top navigation bar of the California Colleges.edu website. On the left is the logo for California Colleges.edu with the tagline "DISCOVER. PLAN. LAUNCH.". To the right of the logo are four navigation items: "My Plan", "College", "Career", and "Financial Aid". The "Career" item is highlighted with a blue underline. Below the navigation bar, there are two main sections: "CAREER EXPLORATION" and "CAREER SEARCH". Under "CAREER EXPLORATION" are three links: "Interest Profiler", "Multiple Intelligences", and "Do What You Are". Under "CAREER SEARCH" is one link: "Career Search Tool". A large red arrow points upwards from the "Career" navigation item to the "CAREER SEARCH" section.

CALIFORNIA COLLEGES.edu  
DISCOVER. PLAN. LAUNCH.

My Plan College **Career** Financial Aid

**CAREER EXPLORATION**

Interest Profiler  
Multiple Intelligences  
Do What You Are

**CAREER SEARCH**

Career Search Tool

bigfuture.collegeboard.org

**BigFuture™**

Get Started ▾

Find Colleges ▾

**Explore Careers ▲**

College Majors

Careers

# COLLEGE EXPLORATION



CALIFORNIA  
COLLEGES.edu  
DISCOVER. PLAN. LAUNCH.

My Plan College Career Financial Aid

## COLLEGE EXPLORATION

College Search Tool  
College Options in California  
Systems of Higher Education

## MAJOR EXPLORATION

Major Search Tool  
Your Program and Major Options

## APPLY TO COLLEGE

Application Types Overview  
The College Application Process

### Apply from CaliforniaColleges.edu

California State University Application  
California Community Colleges Application

### Other Applications

University of California  
Common Application

# BigFuture™

Get Started

Find Colleges ▲ Exp

College 101

Finding Your College Fit

Campus Life

Academic Life

Campus Visit Guide

College Search

Compare Colleges





# STRATEGIES FOR ACADEMIC SUCCESS

- Utilize available academic supports:
  - Mav Math Hour T/W/Th 2:45- 3:45 p.m. in the 500 quad.
  - Use Math support website videos on Math web site.
  - Mav Science Hour, Wednesday: 2:45- 3:45pm in the 600 quad.
  - Use Spanish resources page on World Language web site.
  - Talk to your teacher/s.
- Check Aeries grade book at least once weekly (Grades, assignments, transcripts, etc.)
- Use your planner everyday in class & at home.
- Communicate with your teachers regularly.
- Complete all assignments & study for tests.
- Challenge yourself but don't take too heavy of a load; be careful to over-commit.
- Take care of yourself; eat right & get enough sleep.
- Utilize the LCC Counseling Website for research and planning.
- Make an appointment with your school counselor.

# GET IMPORTANT UPDATES AND REMINDERS FROM COUNSELING



**Text @LCCHS2020 to 81010**



**Join code for class of 2020  
counseling classroom = qylrmpu**

**College and Career info, Reminders, Important info...**

# QUESTIONS?



Since we are currently busy with registration, the best time to see your counselor is during non-class time. We are also available by email if you prefer.

**THANK YOU FOR YOUR TIME AND ATTENTION.** 😊